**Dear**

**Re: Your Diabetes review**

We are writing to everyone who is awaiting a diabetes annual review. We wanted to update you as we are now working to catch up on appointments that have been delayed because of the coronavirus pandemic.

As a consequence of COVID-19, the need for stricter infection control procedures and social distancing, we have had to change the way we are able to provide routine diabetes annual review appointments. These very necessary changes are intended to keep both you and our staff as safe as possible, but it does mean that we are not able to see everyone as quickly as would have been possible in the past. Unfortunately, this means that some people may need to wait longer than usual for their diabetes review, although we are still hopeful that we be able to see most people who need a review before the end of March 2021.

In order to ensure that we can look after everyone fairly and safely, NHS England has recommended that we organise our appointments differently, to ensure that the people we are most concerned about are seen first.

If you are awaiting a diabetes review and are concerned about your diabetes, please call us to let us know your concern. We can then arrange for a diabetes nurse or a doctor to call you to discuss your concern and decide whether or not you need an earlier appointment. We would be particularly keen to hear from you if you are concerned about any of the following:

* difficulties with blood sugar control or diabetes symptoms more than normal for you

(the 4Ts - toilet, thirsty, tiredness and getting thinner)

* a new foot or eye problem
* recurrent infections
* if you are struggling with your mental health
* if you are a lady who is pregnant or planning pregnancy
* if you have had a recent ambulance call-out, A&E attendance or emergency hospital admission because of your diabetes and have not yet heard from us about it

While you are awaiting your diabetes review, please see the links available to help support you on the Diabetes UK website and learning zone:

<https://www.diabetes.org.uk/type-2-diabetes>

<https://learningzone.diabetes.org.uk>