Improving care for people with diabetes and a learning disability

Information Graphics
10% of people with a learning disability have diabetes.

That’s double the rate in the general population.
40% of people with a learning disability are obese.

That's almost double the rate in the general population.
Adults with a learning disability have higher levels of inactivity, obesity and diabetes than the general population.
A woman with a learning disability is likely to die on average 18 years before a woman without a learning disability.

This is 6570 days.

That’s a lot of cups of tea, chats with friends, days at work, watching favourite TV programmes, country walks……
In a typical General Practice

120 adults will have a learning disability

At least 10 will have diabetes
Any person with a learning disability over the age of 14 is entitled to be on a learning disability register.

Only around 25% of people with a learning disability are on the register.
DIABETES?

I’d like more help to self manage my diabetes

I don’t like being obese

we can help
Speak directly to the person with a learning disability
Small changes to health services can make a BIG difference to the lives of people with a learning disability.
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